

HYDROTHERAPY WORKSHOPS



EWAC

MEDICAL

We get you moving



What is hydrotherapy?

Hydrotherapy, also called aquatic therapy are treatments and exercises performed in water.

Hydrotherapy can be used as water-based rehabilitation, prevention training, to improve the quality of people's lives, fitness, relaxation and other therapeutic benefits.

Weight reduction in combination with heated water makes hydrotherapy extremely suitable for patients with a physical or mental disability or in the case of injuries.

In most cases patients can start earlier with rehabilitation in water and it can reduce rehabilitation time. Therapy in water can also improve the quality of life for patients who will not recover, but wish to reduce pain, relax, improve or maintain physical and mental health.

More information about the effects of hydrotherapy? Visit our knowledge base for hundreds of free scientific articles at

> www.ewacmedical.com/knowledge

Why hydrotherapy workshops?

EWAC Medical believes that sharing knowledge in combination with the right equipment is the key to improving treatments. By actively participating in this knowledge sharing and providing tools for the use of accessories, EWAC Medical is committed to helping everyone improve themselves in guiding clients and / or patients in water.

"A great workshop to to refresh my knowledge"



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Professional trainers

Every therapist or rehabilitation department has it's own reasons to start with hydrotherapy treatments. It's important to gain knowledge with a hydrotherapy trainer that fits your needs. At EWAC Medical we work together with a diversity of top trainers, who each have their own specialty.

Different hydrotherapy topics

Throughout the year EWAC Medical organizes multiple hydrotherapy workshops (8 - 20 participants) covering different topics, such as:

- Stability and coordination
- Gait and movement
- Relaxation and floating
- Patient handling
- Hydrotherapy equipment options
- Aquaback underwater fitness
- Aquamentia
- Patients in intensive care
- Fall prevention

We also offer pool maintenance & hygiene training for technical staff.

Visit our website to view all available workshops
> www.ewacmedical.com/hydrotherapy-trainings

Incompany training

With an incompany training, you can request a custom program where theory & cases are aligned to the needs of therapists (and patients)

- Custom made program
- Determine the date and location yourself
- Direct applicable in practice
- Team development: let employees learn together and from each other
- Recommended for in-depth patient cases and newly built pools