

## **ELISA MUÑOZ BLANCO**

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**Associate Professor at Physiotherapy degree in Universidad San Pablo-CEU. CEU Universities.**

**Master degree in Pediatrics.**

**Professor at Expert in Aquatic Therapy of Rey Juan Carlos University,**

**Master degree in Pediatrics in Universidad San Pablo-CEU. CEU Universities,**

**Master degree in Oncological Physiotherapy in Universidad Complutense de Madrid.**

**Member of Science and Research Committee of Worldwide Aquatic Bodywork Association.**

**Member of Spanish Association of Pediatric Physiotherapy.**

**Member of Spanish Association of Lymphedema.**

**WatsuPath™ Training Institute Founder and Director.**

**CranioSacral Therapy in Water™ Creator and Instructor.**

**Certified Watsu® 2 Instructor.**

**Certified Ai Chi® Instructor.**

**Expert in Osteopathy, Craniomandibular Disorders and Orofacial Pain, Manual Lymphatic Drainage, Myofascial Release®, Cranio-Sacral Therapy and Traditional Thai Massage.**

**Co-author of the book "Aquatic Therapy: Approaches from the Physiotherapy and Occupational Therapy in the aquatic media".**

**WatsuPath™ - CST in Water™ is a registered service mark of Elisa Muñoz Blanco. Elisa Muñoz Blanco and WatsuPath™ Training Institute are in title of Watsu™ trademark in Spain.**

**10 years of teaching experience, 19 years of clinical practice.**

Elisa graduated in Physiotherapy from the Universidad Europea de Madrid. She studied the Expert diploma in Craniomandibular Disorders and Orofacial Pain in Pamplona, the Postdegree diploma in Manual Lymphatic Drainage in Austria, and later integrated Cranio-Sacral Therapy and SomatoEmocional Release® into her clinical practice.

A journey through Europe, Asia and Oceania allowed her to complete her Traditional Thai Massage studies, and to begin her Watsu® training path. Back to Spain she specialized in Osteopathy and Myofascial Release® by the Universidad Autónoma de Madrid, and created CranioSacral Therapy in Water™, method that applies and teaches today at the Universidad Rey Juan Carlos in Madrid and other therapeutic pools in Spain, as well as in several European countries and the Americas.



She is co-author of the book "Aquatic Therapy: Approaches from the Physiotherapy and Occupational Therapy in the aquatic media", first book in Spanish with a 100% therapeutic approach.

In 2014 founded and started leading Watsupath™ Training Institute, collaborating with a team of therapeutic centers, practitioners, and clinical prestigious teachers. The synthesis and integration of this path, and her constant and persistent pursuit of personal and professional development, nourishes the relationship with each patient, each student, and each colleague. In 2015, she focused on aquatic therapy for Cerebral Palsy kids at a special needs school, and in 2017 completed her Masters degree in Pediatrics.

Currently she teaches to International students of Physiotherapy degree in Universidad San Pablo-CEU. CEU Universities, and in Masters degree in Pediatrics in the same University, as well as in the Master degree in Oncological Physiotherapy in Universidad Complutense de Madrid.

She is Member of Science and Research Committee of Worldwide Aquatic Bodywork Association, member of Spanish Association of Pediatric Physiotherapy and Spanish Association of Lymphedema.